

### Our FREE series of films about how we live and die - with popcorn & discussion

All screenings in our office: 1670 South Amphlett, Suite 300, San Mateo

6:30-8:30pm

### Thursday, June 28 • Being Mortal

We all die – so why don't we die well? This PBS documentary follows surgeon Atul Gawande, MD (author of the bestseller by the same name) as he explores the relationships of physicians to their dying patients. A panel discussion will follow.

### Thursday, July 26 • Extremis + New Rules for End of Life Care

The Oscar-nominated film *Extremis* documents the hard choices faced by people with loved ones in the ICU – and who would have benefited from earlier conversations with physicians and family. Next, we'll watch *New Rules for End of Life Care*, an award-winning film by Barbara Karnes, RN, about what happens at end of life. A panel discussion will follow.

# Thursday, August 23 • States of Grace

This award-winning film captures the profound transformation of a revered physician and her family after a head-on collision nearly killed Dr. Grace Dammann. The film is a must-see for caregivers and those who struggle with physical challenges. Dr. Dammann and Family Caregiver Alliance will join us.



### Thursday, September 27 • End Game

The newest film from award-winning directors Rob Epstein and Jeffrey Friedman, this intimate film follows visionary medical professionals working on the edge of life and death – and dedicated to changing our thinking about both. One of the filmmakers will join us.

## Thursday, October 11 • Complaints of a Dutiful Daughter

A 1994 Oscar nominee for Best Documentary Feature, this film chronicles a woman's struggle to come to terms with what's happening to her brilliant, funny, and now ill mother as they navigate the changes that Alzheimer's brings. The film will be followed by a panel discussion with the Alzheimer's Association and our staff.

## Thursday, November 8 • How to Die in Oregon

This documentary examines how physicians, patients, and families find their way through Oregon's Death with Dignity Act, the first law in the US that allows physicians to prescribe lethal doses of drugs to terminally ill patients. We'll follow the film with a panel discussion of California's End of Life Option Act.

Thanks to **LivHOME** for providing refreshments for the 2018 series.

