



Community Connections

October - December 2021

Events are **free** and **online** unless otherwise noted.

Advance registration is required and offerings are subject to change - please visit MissionHospice.org/events for details.

CONVERSATION & COMMUNITY

Learn and talk about how to live and die well

Navigating Uncertainty for Professional and Family Caregivers, Jon Seskevich, RN

▪ Thursday, November 4, 1-2:30pm

Hospice 101 - Everything You Need to Know About End-of-Life Care ▪

Wednesday, November 10, 3-4:30pm

Death Cafés ▪ First and third Tuesdays, 10-11:30am

CONTINUING EDUCATION

Opportunities for community members and professionals - CEUs available

Healing Touch Level 2 Training ▪ Saturday, October 2 - Sunday, October 3,

8:30am-5:30pm ▪ San Mateo ▪ \$497 - 16 CEUs available

Healing Touch Level 3 Training ▪ Saturday, November 13- Sunday, November 14,

8:30am-5:30pm ▪ San Mateo ▪ \$497 - 16 CEUs available

VOLUNTEER OPPORTUNITIES

Help our patients, families, and programs

Direct Care Volunteer training ▪ Thursdays 6:30-8:30pm and Saturdays 9am-noon, October 7 - 30

GRIEF SUPPORT

Find support for grieving the death of a loved one

Drop-in support groups

Every Tuesday evening, 6-7:30pm

Every Thursday afternoon, 4-5:30pm

First, third, and fifth Saturday mornings, 10-11:30am

Second and fourth Saturday mornings, 10-11:30am - focus on spouse/partner loss

Specialized support groups

Coping with the Holidays ▪ Mondays, November 15 - January 10, 6-7:30pm

Suicide Loss support group ▪ first and third Thursdays, 6-7:30pm

Workshops

Grief Book Club ▪ Wednesdays, October 13, November 10, and December 8, 11:30am-1pm

Grief and Stuff ▪ Wednesday, November 3, 5:30-7:30pm

CELEBRATING COMMUNITY

Celebrate community while raising funds to provide care

THE MISSION HOSPICE AUXILIARY VIRTUAL FALL GALA

**Diamonds
& Denim**

Saturday, October 9, 2021 | 6pm | FREE

STORIES • MUSIC • AUCTION • FUND-A-NEED • AND MORE!

Register at MHFallgala2021.givesmart.com



650.554.1000 ▪ www.MissionHospice.org

Monthly eNews: www.MissionHospice.org/enews