



Community Connections

July - September 2020

Due to COVID-19, events will be held online until further notice.

Events are free unless otherwise noted.

Advance registration is required and offerings are subject to change - please visit [MissionHospice.org/events](https://www.MissionHospice.org/events) for details.

MOVIES@MISSION HOSPICE

View and discuss award-winning documentary films

Movie Night: *Into the Night* ▪ Thursday, July 23, 6:30-8:30pm

Movie Night: *Young at Heart* ▪ August 27, 6:30-8:30pm

Movie Night: *Too Soon to Forget* ▪ September 24, 6:30-8:30pm

CONVERSATION & CREATIVITY

Learn and talk about how to live and die well

Author Diane Burns-Haussler, *A Widow's Walk* ▪ Thursday, July 2, 7-8:30pm

Touch Awareness in the Age of COVID-19 ▪ Thursday, August 13, 1-2:30pm

Author Pamela MacPherson, *Vigil, the Poetry of Presence* ▪ Thursday, Sept. 10, 1-3pm

Death Cafés ▪ Every Tuesday, 10am-noon

CONTINUING EDUCATION

Educational opportunities for family and professionals - CEUs available

Understanding Complicated Grief with Dr. Katherine Shear ▪ Sat., July 11, 1-5pm

Healing Touch Level 1 Training ▪ August 1+2, 8:30am-5:30pm **TENTATIVE DATE**

Healing Touch Level 2 Training ▪ Sept. 19+20, 8:30am-5:30pm **TENTATIVE DATE**

GRIEF SUPPORT

Find support for grieving or facing the death of a loved one

Drop-in support groups

Every Tuesday evening, 6-7:30pm

Every Thursday afternoon, 4-5:30pm

First, third, and fifth Saturday mornings, 10-11:30am

Second and fourth Saturday mornings, 10-11:30am - focus on spouse /partner loss

Specialized support groups

Spouse Loss support group ▪ Wednesdays, 10:30am-noon, Sept. 2 - Oct. 21

Resilience in Grief support group ▪ Mondays, 6:30-8:30pm, Sept. 21 - Oct. 26

Suicide Loss support group ▪ First and third Thursdays, 6-7:30pm

Workshops

Art for Healing Through Grief workshop ▪ First Thursdays, 6-8pm, July 2 - Oct. 1

理解哀伤 New to Grief workshop in Mandarin ▪ Saturday, August 8, 10am-noon

New to Grief workshop ▪ Thursday, September 17, 10am-noon

Writing Through Loss workshop ▪ Wednesdays, Sept. 23-Nov. 11, 6-7:30pm

TAKE CHARGE!

Plan for your future care based on what matters most to you

Take Charge! Tips for Advance Care Planning ▪ Thursday, August 6, 3:30-5pm

VOLUNTEER OPPORTUNITIES

Help our patients, families, and programs

Volunteer info meetings ▪ Tuesday, Sept. 22, noon-1pm or 5:30-6:30pm

For volunteer opportunities, visit www.MissionHospice.org/volunteer

CELEBRATING COMMUNITY

Celebrate community while raising funds to provide care

Mission Hospice Auxiliary Virtual Fall Gala ▪ Saturday, October 10 **SAVE THE DATE!**



650.554.1000 ▪ www.MissionHospice.org

Monthly eNews: www.MissionHospice.org/enews

missionhospice.eventbrite.com