

Community Connections

APRIL - JUNE 2026



■ GRIEF SUPPORT

Find support for grieving or facing a loss

DROP-IN SUPPORT GROUPS

First, third & fifth Saturday mornings, 10-11:30 a.m. ■ virtual

Second & fourth Saturday mornings, 10-11:30 a.m. — focus on spouse/
partner loss ■ virtual

Second Thursday of the month from 1-2:30pm, Half Moon Bay (in person)

Last Thursday of the month, 1:15-2:45 p.m., San Bruno (in person)

NEW Fourth Thurs. of the month, 1:30-3:00 p.m., Palo Alto (in person)

SPECIALIZED SUPPORT GROUPS

Suicide Loss ■ First and third Thursdays, 6:00-7:30 p.m. ■ virtual

8-week Parent Loss Group (for adults who have lost a parent), Wednesdays
6:00-7:30pm, May 6-June 24 ■ virtual.

WORKSHOPS

Rhythms of Remembrance: A DRUMMM Circle for Healing in
Grief, Saturday, June 13, 2:30-4:00 p.m., Palo Alto (in person)
| Eventbrite

■ CONVERSATION & COMMUNITY

Death Café, Tuesdays, 10:00-11:30 a.m. ■ virtual

May 19 | [Eventbrite](#) | June 16 | [Eventbrite](#) |

Please contact Christine Kovach, LCSW to register: ckovach@missionhospice.org



Mission Hospice & Home Care

Your trusted local nonprofit hospice

650.554.1000 • 408.554.2434 • www.MissionHospice.org/events