

WHO MAY I CONTACT FOR MORE INFORMATION?

Please call our Volunteer Coordinator, Hank Nourse, directly at (650) 931-8231, or by calling our general information line at (650) 554-1000.

Or, visit our website at www.missionhospice.org to learn more about us. You can take a look at our Volunteer application there, too.



Join our caring staff as a volunteer and help us in the rewarding, life-affirming work of hospice care.

Mission Hospice provides quality professional care and compassionate support for terminally ill patients and their families, while offering education about end-of-life issues for our San Mateo County community.



Hank Nourse
Volunteer Coordinator



(650) 554-1000
1900 O'Farrell Street, Suite 200
San Mateo, California 94403
www.missionhospice.org

Serving San Mateo County since 1979



IT'S ABOUT LIFE

Volunteer Opportunities



"The most meaningful work imaginable..."

Mission Hospice Volunteers

“By serving people who are making choices on how to spend their last precious days of life, volunteers learn more about themselves and what really matters.”

Are you interested in having a rewarding volunteer experience?

Mission Hospice Volunteers are a special kind of people who are the HEART and SOUL of hospice work. In fact, volunteers founded Mission Hospice in 1979.

WHAT IS HOSPICE?

Hospice focuses on caring, not curing. When medicine can no longer prolong life, hospice care offers people with a life-ending illness a choice on how they want to spend their last days of life. Hospice provides patients and their families the medical care (including pain management), and the emotional and social support to give comfort and care.



HOW CAN I HELP?

You can help by becoming a member of our hospice team and experience something very meaningful. Our *Direct Care Volunteers* assist the patient and family with non-medical activities and provide companionship to enhance the quality of their lives.

WILL I RECEIVE TRAINING AND SUPPORT TO BE A DIRECT CARE VOLUNTEER?

Absolutely! In fact, we ask each of our volunteers who will work directly with patients to participate in a 20-hour training program, which is conducted on four Saturdays and two Thursday evenings. There is a \$25 fee for training materials. For ongoing support and training, volunteers are asked to attend meetings held on the first and third Thursday of each month, from 6:00 – 8:00 p.m. at our Mission Hospice office.

After completing training, each Direct Care Volunteer commits to one year of service. No one is ever asked to do anything beyond their emotional or physical capabilities.

“People often ask me what I talk about with my patients. My answer is always the same: ‘They set the agenda.’ My place is to listen and be present with them. In the end what I do with them is not nearly as meaningful as the simple fact that I am there.”



ARE THERE OTHER WAYS TO VOLUNTEER AT MISSION HOSPICE?

Yes! Often, people would like to help out in some way but have no desire to work directly with patients. These are our devoted Indirect Care Volunteers, who so graciously provide us with the administrative help we need in our office—mailings, folding, card writing, phone calls, and working on the computer are just a few examples.

