

The mission of *Transitions* is to provide “care” management services to individuals with a life-limiting illness and their families. This is a free program of volunteer support that is funded by grants and community donations.

The *Transitions* program will be offered to all appropriate individuals and their families without regard to race, creed, color, sex, national origin, religious background, physical disability, veteran status or continued medical treatment.

Furthermore, *Transitions* also believes that bereavement support is critical to the mental health and well being of our *Transitions* families. Bereavement services will be made available to all *Transitions* families, whether or not they are admitted into hospice care.



“Mission Hospice volunteers were there to listen and support my parents and me through all the changes, through all the joys and through all the sorrows. I have since become a volunteer myself and have had the honor to be there for others, for me this is a great gift.”

Patty, *Transitions* volunteer



Debbie Stone, LCSW
Transitions Coordinator



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Serving San Mateo County since 1979



IT’S ABOUT LIFE

Transitions

Enhancing the lives of those managing a life-limiting illness

“It’s nice to have someone care how you’re feeling as you go through this time.”

Dorothy-*Transitions* client

A Program for the San Mateo County Community

Provided by Mission Hospice

WE ARE HERE TO SUPPORT YOU...

WHAT IS TRANSITIONS?

Transitions program provides emotional support and assistance to those coping with a life-limiting illness.

Our *Transitions* program is coordinated by Debbie Stone, LCSW (a licensed clinical social worker). Debbie develops a plan of support and assistance tailored to the individual needs of each *Transitions* client and their family.

Transitions services are provided to clients by a group of specially trained volunteers. Our volunteers help clients with the special needs that are present during a life-limiting illness.

Here are some examples of how our volunteers can help. We can provide:

- 🔔 Emotional support
- 🔔 Family respite
- 🔔 Transportation to appointments
- 🔔 Companionship
- 🔔 Walk the family pet
- 🔔 Help with meals and errands

In addition, our *Transitions* Coordinator helps clients and families to adapt to the changes that accompany an illness. These changes can be difficult and confusing. Debbie links clients and their families to community resources as new needs and concerns arise.

Providing assistance at a time when special needs arise.



For *Transitions* client Dorothy and her daughter Mary, the program has provided comfort, companionship and respite care. Mary has described the program as “a godsend” and shares, “Mom needs companionship. Just the boost your people give her is wonderful.”

Mary, client’s daughter

Is *Transitions* a Hospice program?

No.

Here at Mission Hospice we recognize that the needs of individuals facing a life-limiting illness are unique for each client.

Transitions is a nationally proven volunteer-based program of support services. These services are available to anyone coping with a life-limiting illness, with a prognosis of one year or less. This includes those people still receiving treatment for their illness.

All medical care and nursing care is provided by the client’s physician.

What is the cost of this wonderful Program?

Donations and grants make it possible to provide our *Transitions* services at no cost to you.

Do I have to be homebound or disabled by my disease to obtain *Transitions* services?

No, you don’t.

Can I reside in an assisted living or skilled nursing facility and be in the program?

Absolutely.

Can I continue radiation or chemotherapy and still be in the program?

Yes, you can.